

## Colonoscopy Prep

Read carefully. Do not exceed recommended dosage as serious side effects may occur. Please read all instructions at least two days before your colonoscopy. Your physician may adjust your dosage schedule.

1. Do not take anti-coagulants, Coumadin, aspirin or any anti-inflammatory medication (such as Motrin or Advil) for one week before the procedure. You may use Tylenol if needed.
2. If you take anticoagulants (blood thinners), have a heart murmur, or have been advised to take antibiotics before dental work, please call for special instructions at least 5 days before your appointment.
3. You may take your regular medications before the procedure with a sip of water except for insulin or other diabetic medications which may be taken after the procedure.
4. If a polyp is removed, do not take anticoagulants (Coumadin), aspirin or any anti-inflammatory medication for one week after the procedure.

**ESCORT:** It is likely that sedating medication will be given for your colonoscopy, and you may be drowsy for quite a while. For your safety, we cannot perform the examination unless someone is here to accompany you home afterwards.